

## Black Pepper School Lunches



		November/			
	02/11/2020 23/11/2020 14/12/2020	03/11/2020 24/11/2020 15/12/2020	04/11/2020 25/11/2020 16/12/2020	05/11/2020 26/11/2020 17/12/2020	06/11/2020 27/11/2020 18/12/2020
Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Packed Lunch Option 1	Chicken Mayo Wrap	Ham and Cheese Wrap	BLT Wrap (Bacon, Lettuce, Tomato)	Cheese and Tomato Wrap	BBQ Chicken Wrap
Jacket Potato Option 2 (V)	Jacket Potatoes with Beans	Jacket Potatoes with Butter Pat and Cheese	Jacket Potatoes with Beans	Jacket Potatoes with Butter Pat and Cheese	Jacket Potatoes with Beans
Jacket Potato Option 3	Jacket Potatoes with Mild Chicken Curry	Jacket Potatoes with Beans and Cocktail Sausages	Jacket Potatoes with Tomato Sauce and Meatballs	Jacket Potatoes with Tuna Mayo	Jacket Potatoes with Beans/Pigs n Blanket
Pack Lunch Carbohydrates	Crisp and Salad Bag	Pork Pie plus Salad Bag	Sausage Roll, Scotch Egg and Salad Bag	Pasta Pot	Pizza and Salad Bag
	and Fruit	and Fruit	and Fruit	and Fruit	and Fruit
Dessert or	Oat Flapjacks	Chocolate and Orange Sponge	Coco Brownies	Vanilla and Chocolate Marble Cake	Vanilla Sponge with Jam Piping
Yogurt or	N/A	N/A	N/A	N/A	N/A
Fresh Fruit (V)	N/A	N/A	N/A	N/A	N/A
	09/11/2020 30/11/2020	10/11/2020 01/12/2020	11/11/2020 02/12/2020	12/11/2020 03/12/2020	13/11/2020 04/12/2020
Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Packed Lunch Option 1	Chicken Mayo Wrap	BLT Wrap (Bacon, Lettuce, Tomato)	Ham and Cheese Wrap	Cheese and Tomato Wrap	BBQ Chicken Wrap
Jacket Potato Option 2 (V)	Jacket Potatoes with Beans	Jacket Potatoes with Butter Pat and Cheese	Jacket Potatoes with Beans	Jacket Potatoes with Butter Pat and Cheese	Jacket Potatoes with Beans
Jacket Potato Option 3	Jacket Potatoes with Mild Chicken Curry	Jacket Potatoes with Beans and Cocktail Sausages	Jacket Potatoes with Tomato Sauce and Meatballs	Jacket Potatoes with Tuna Mayo	Jacket Potatoes with Beans/Pigs n Blanket
Pack Lunch Carbohydrates	Crisp and Salad Bag	Pork Pie plus Salad Bag	Sausage Roll, Scotch Egg and Salad Bag	Pasta Pot	Pizza and Salad Bag
	and Fruit	and Fruit	and Fruit	and Fruit	and Fruit
Dessert or	Oat Flapjacks	Vanilla Sponge with	Yogurt	Jelly	
	Out hapjacks	Chocolate Piping	rogurt	Jeny	Coco Brownies
Yogurt or	N/A	Chocolate Piping N/A	N/A	N/A	Coco Brownies N/A
-			-		
-	N/A	N/A	N/A	N/A	N/A
-	N/A N/A 16/11/2020	N/A N/A 17/11/2020	N/A N/A 18/11/2020	N/A N/A 19/11/2020	N/A N/A 20/11/2020
Fresh Fruit (V)	N/A N/A 16/11/2020 07/12/2020	N/A N/A 17/11/2020 08/12/2020	N/A N/A 18/11/2020 09/12/2020	N/A N/A 19/11/2020 10/12/2020	N/A N/A 20/11/2020 11/12/2020
Fresh Fruit (V) Week 3 Packed Lunch	N/A N/A 16/11/2020 07/12/2020 Monday	N/A           N/A           17/11/2020           08/12/2020           Tuesday           BLT Wrap (Bacon, Lettuce,	N/A N/A 18/11/2020 09/12/2020 Wednesday	N/A N/A 19/11/2020 10/12/2020 Thursday	N/A N/A 20/11/2020 11/12/2020 Friday BBQ Chicken Wrap
Fresh Fruit (V) Week 3 Packed Lunch Option 1 Jacket Potato	N/A N/A 16/11/2020 07/12/2020 Monday Chicken Mayo Wrap	N/A N/A 17/11/2020 08/12/2020 Tuesday BLT Wrap (Bacon, Lettuce, Tomato) Jacket Potatoes with Butter	N/A N/A 18/11/2020 09/12/2020 Wednesday Ham and Cheese Wrap Jacket Potatoes with Beans Jacket Potatoes with Tomato Sauce and	N/A N/A 19/11/2020 10/12/2020 Thursday Cheese and Tomato Wrap Jacket Potatoes with Butter	N/A N/A 20/11/2020 11/12/2020 Friday
Fresh Fruit (V) Week 3 Packed Lunch Option 1 Jacket Potato Option 2 (V) Jacket Potato Option 3 Pack Lunch	N/A N/A 16/11/2020 07/12/2020 Monday Chicken Mayo Wrap Jacket Potatoes with Beans Jacket Potatoes with Mild	N/A N/A 17/11/2020 08/12/2020 Tuesday BLT Wrap (Bacon, Lettuce, Tomato) Jacket Potatoes with Butter Pat and Cheese Jacket Potatoes with Beans	N/A N/A 18/11/2020 09/12/2020 Wednesday Ham and Cheese Wrap Jacket Potatoes with Beans Jacket Potatoes with	N/A N/A 19/11/2020 10/12/2020 Thursday Cheese and Tomato Wrap Jacket Potatoes with Butter Pat and Cheese	N/A N/A 20/11/2020 11/12/2020 Friday BBQ Chicken Wrap Jacket Potatoes with Beans
Fresh Fruit (V) Week 3 Packed Lunch Option 1 Jacket Potato Option 2 (V) Jacket Potato Option 3	N/A N/A 16/11/2020 07/12/2020 Monday Chicken Mayo Wrap Jacket Potatoes with Beans Jacket Potatoes with Mild Chicken Curry	N/A N/A 17/11/2020 08/12/2020 Tuesday BLT Wrap (Bacon, Lettuce, Tomato) Jacket Potatoes with Butter Pat and Cheese Jacket Potatoes with Beans and Cocktail Sausages	N/A N/A 18/11/2020 09/12/2020 Wednesday Ham and Cheese Wrap Jacket Potatoes with Beans Jacket Potatoes with Beans Sausage Roll, Scotch Egg	N/A N/A 19/11/2020 10/12/2020 Thursday Cheese and Tomato Wrap Jacket Potatoes with Butter Pat and Cheese Jacket Potatoes with Tuna Mayo	N/A N/A 20/11/2020 11/12/2020 Friday BBQ Chicken Wrap Jacket Potatoes with Beans Jacket Potatoes with Beans
Fresh Fruit (V) Week 3 Packed Lunch Option 1 Jacket Potato Option 2 (V) Jacket Potato Option 3 Pack Lunch	N/A N/A 16/11/2020 07/12/2020 Monday Chicken Mayo Wrap Jacket Potatoes with Beans Jacket Potatoes with Mild Chicken Curry Crisp and Salad Bag	N/A N/A 17/11/2020 08/12/2020 Tuesday BLT Wrap (Bacon, Lettuce, Tomato) Jacket Potatoes with Butter Pat and Cheese Jacket Potatoes with Beans and Cocktail Sausages	N/A N/A 18/11/2020 09/12/2020 Wednesday Ham and Cheese Wrap Jacket Potatoes with Beans Jacket Potatoes with Beans Jacket Potatoes with Beans Sausage Roll, Scotch Egg and Salad Bag	N/A N/A 19/11/2020 10/12/2020 Thursday Cheese and Tomato Wrap Jacket Potatoes with Butter Pat and Cheese Jacket Potatoes with Tuna Mayo	N/A N/A 20/11/2020 11/12/2020 Friday BBQ Chicken Wrap Jacket Potatoes with Beans Jacket Potatoes with Beans Pizza and Salad Bag
Fresh Fruit (V) Week 3 Packed Lunch Option 1 Jacket Potato Option 2 (V) Jacket Potato Option 3 Pack Lunch Carbohydrates	N/A N/A 16/11/2020 07/12/2020 Monday Chicken Mayo Wrap Jacket Potatoes with Beans Jacket Potatoes with Mild Chicken Curry Crisp and Salad Bag and Fruit	N/A N/A 17/11/2020 08/12/2020 Tuesday BLT Wrap (Bacon, Lettuce, Tomato) Jacket Potatoes with Butter Pat and Cheese Jacket Potatoes with Beans and Cocktail Sausages Pork Pie plus Salad Bag and Fruit	N/A N/A 18/11/2020 09/12/2020 Wednesday Ham and Cheese Wrap Jacket Potatoes with Beans Jacket Potatoes with Beans Jacket Potatoes with Tomato Sauce and Meatballs Sausage Roll, Scotch Egg and Salad Bag and Fruit	N/A N/A 19/11/2020 10/12/2020 Thursday Cheese and Tomato Wrap Jacket Potatoes with Butter Pat and Cheese Jacket Potatoes with Tuna Mayo Pasta Pot and Fruit	N/A N/A 20/11/2020 11/12/2020 Friday BBQ Chicken Wrap Jacket Potatoes with Beans Jacket Potatoes with Beans Jacket Potatoes with Beans Pizza and Salad Bag and Fruit

\* We do not add nuts to the school lunch menu. Though some of our suppliers state, "Traces of nuts may be found in some products" or "Product made in nut free area, \* Please don't order meals unless you are willing to pay for them.
 \* Order online at www.blackpepperlunches.com, whether you pay by card or entitled to FSM/UFSM.
 Menu may change due to stock levels available from suppliers

Every day we have, Ham Sandwiches, Cheese Sandwiches and Jam Sandwiches, to order online All jacket potato options come pre-portioned in individual containers with plastic cutlery, plus fruit and dessert All Sandwich/wrap options come with snack, salad bag, fruit and dessert

Please let me know by email if have any dietary request. For example; No Spread, Wholemeal bread, No pork snacks etc







